

Stories That Speak

When Words Don't Come Easy



**Children's Book
Digital Edition**

Stories That Speak

When Words Don't Come Easy

A Soma Library Story

Ages 3-6

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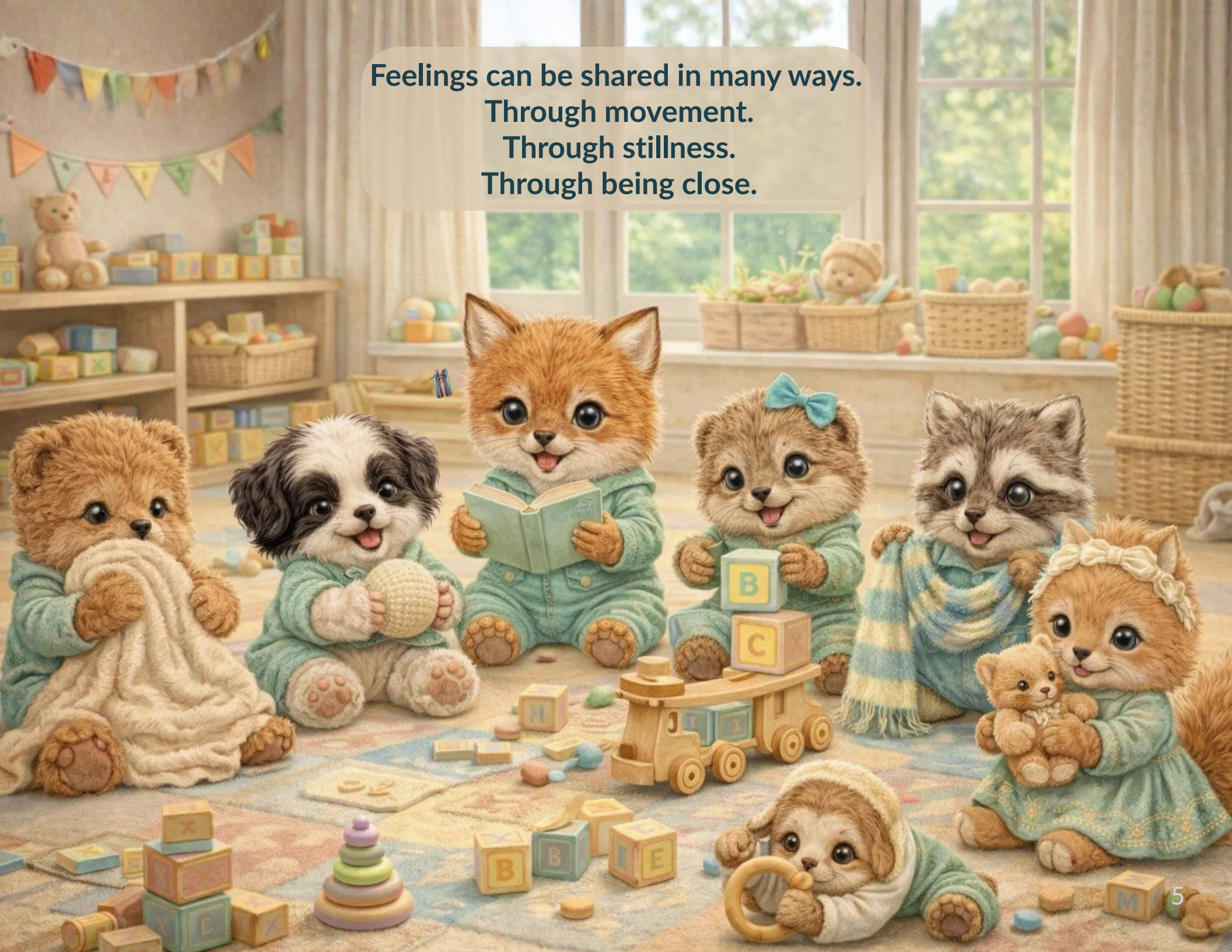
Everyone communicates differently.
Some people use words.
Some people use actions, sounds, or quiet moments.
All of these ways are real.
All of them matter.



Sometimes words come easily.
And sometimes they don't.
That doesn't mean nothing is being said.



Feelings can be shared in many ways.
Through movement.
Through stillness.
Through being close.



This is a story about friends who learn how to understand one another.



Soma's Room

PHILIP WALLER



Waller

Soma likes to notice things.





She notices her feet on the ground and the air moving in and out.

When the room feels busy,
Soma stays calm and steady.



She holds her fidget toy
and lets her body settle.



Soma doesn't rush anyone.
She knows that calm takes time.



Hearth's Room



Hearth is strong and gentle.





When things feel overwhelming, Hearth wraps himself in his blanket.



The weight helps his body relax.



**After a while,
Hearth feels safe again.**

Tempo's Room





Tempo likes things to happen in order.

First this.
Then that.





Tempo moves slowly and holds her wooden ring.



Knowing what comes next helps Tempo feel calm.

Echo's Room





Echo listens carefully.



Sometimes Echo copies a sound.
Sometimes Echo copies a movement.



Echo connects by sharing rhythm.



Words aren't always needed
to feel close.

Quill's Room





Quill loves stories and facts.



When Quill talks,
the words come quickly.



Quill feels comforted by his favorite book.



Sharing what he loves helps Quill feel understood.

Pebble's Room





Pebble likes to play nearby.



Not together.
Just side by side.



Pebble builds quietly with blocks.



Being close without talking
feels just right.

Patch's Room





Patch likes helping others.



Sometimes Patch gives support.



Sometimes Patch needs support too.



Patch wraps his scarf and feels cared for.

Acorn's
Room





Acorn notices small things.



Acorn gives a gift.



It means,
"I thought of you."

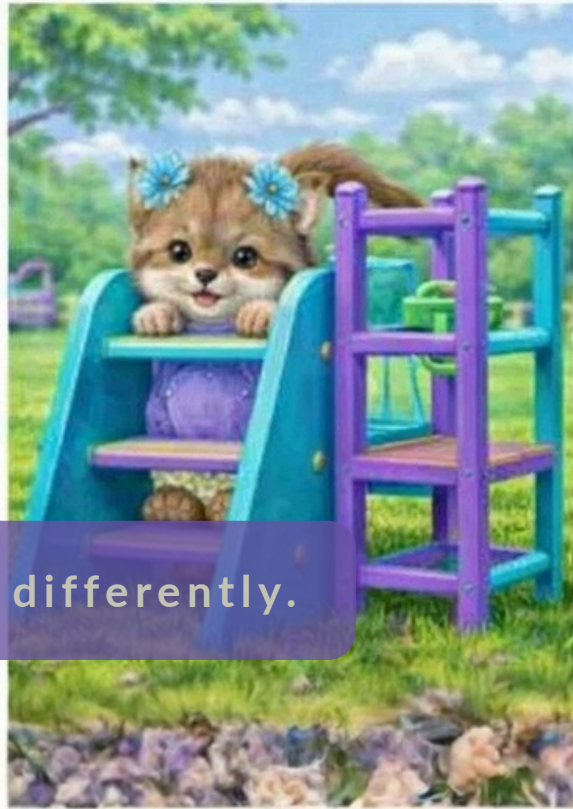
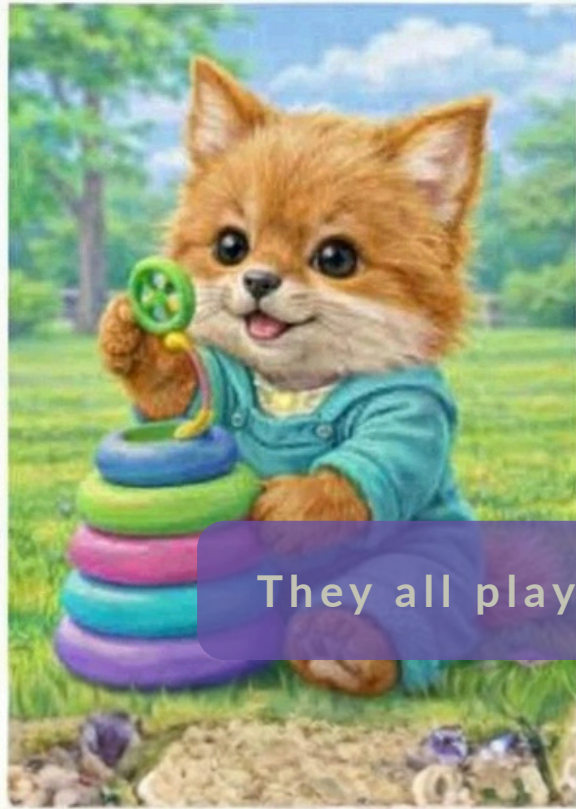


Small gifts can carry big feelings.





All the friends play in the same space.



They all play differently.



Sometimes they misunderstand each other.



But they keep trying.

Being together
matters more than being
the same.



A Letter to Parents and Caregivers

If you are reading this, you care deeply about a child who experiences the world a little differently. This book was created to offer something gentle—for children who don't always have the words, and for the adults who want to support them without pressure or fixing.

You may notice that the characters in this story do not ask children to change who they are. They do not correct, rush, or explain away their experiences. Instead, they meet them where they are—with presence, rhythm, and care.

That is intentional.

Many children communicate through movement, sound, repetition, or silence. These are not problems to solve. They are languages to learn.

This book is not meant to be read once and put away. It can be returned to on quiet days, hard days, or days when connection feels just out of reach. You don't need to explain the story or ask questions unless your child invites it. Simply reading together—or sitting side by side—is enough.

There is no “right” way to use this book.

If it brings comfort, that is enough.

If it sparks recognition, that is enough.

If it simply becomes familiar, that is enough.

Soma Library was created to support moments like these—where understanding doesn't need to be spoken to be felt.

Thank you for showing up with patience and care.

Your presence matters more than perfection.

You are not alone in this,
Soma Library



Until
next
time!

Soma 

